

## GIBRALTAR CANDYTUFT



The candytuft plant is Gibraltar's National Flower.

### DID YOU KNOW?

The Candytuft flower appeared on our 50p coin during 1988 and 1989. The picture below shows what the 50p coin looked like.



Gibraltar's Candytuft flower is mainly found on the Northern and Eastern cliffs of the Rock. These plants grow well in rocky areas like Gibraltar.

But, in areas which are close to where people live, the Candytuft have problems growing because:

- People pick the flowers, or
- Spoil them by stepping on them when going for a walk.

### Protect our Gibraltar Candytuft Plant

- Do not pick the flowers.
- Look where you step when walking in the Gibraltar Nature Reserve.
- Don't litter in the Upper Rock. Your litter can hurt plants and it doesn't look nice anyway.

## Gibraltar Candytuft

*(Iberis Gibraltarica)*

- ❖ This plant is originally from North Africa.
- ❖ Gibraltar is the only place in Europe where it can be found growing in the wild.
- ❖ The candytuft plant likes to grow in cracks in the rock and on stony ground.
- ❖ The flowers grow in different colours, from pale purple to white.
- ❖ The plant flowers between March and June.

The Candytuft plant is very good as a medicine. The leaves, stem and root are good but the flower seeds are best. When the medicines are created, they can help with heart and breathing problems.